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Research and Innovation Network

Supporting document:

[Culture and mental health_Central Denmark Region_event description.pdf](#)WG Meeting Health 16 November.pdf

This health WG meeting will cover the topic '*Culture and Health*', and will take place at the South Denmark EU Office on November 16.

Using arts and cultural activity to promote and improve mental health wellbeing have over the past decade proved to have an impact on various mental health problems. The question is how we can best implement such activities as part of social and health care solutions. The overall financial costs of mental illness, including direct medical, as well as indirect costs through care and lost productivity, amount to billions of euros every year in the EU. Exploring new ways of treating health issues are therefore essential to reduce health inequalities and spending on EU level.

The aim of hosting an event on the topic 'Culture and health' is to create an opportunity for stakeholders in the cultural field and the health care sector to meet and learn by each other's experiences and work. Together, stakeholders will be encouraged to discuss new methods and approaches exploring where culture potentially can be used in health care.

See the attached event rationale and the agenda for more information.

Welcome!